

Chickahominy Area Triad Advisory Council
Meeting Minutes
20 August 2025

Meeting Called to Order:

- The Triad's Vice Chairperson, Mrs. Sylvia Hathaway, called the meeting to order at 2:03 p.m. and welcomed all members and guests.
- Mrs. Hathaway shared with the members that Carolyn Dooley, Triad Secretary, had received an award from La Sertoma for her dedicated service to the organization and her community.
- Triad members and guest in attendance were Charlene Christian, Alease Christian, Margaret Jefferson, Sylvia Hathaway, Carretta Murray, Audrey Christian, Brenner Carter, Benjamin Bickel, Randy David, Sheriff Lee Bailey and Nora Allen. Agencies and organizations represented included the: The SPAN Center, New Kent County Sheriff's Office and the Office of the Attorney General. Attendance record (sign-in log) maintained by the Secretary. NOTE: If you attended and are not listed above or know of someone who should be listed, please call. or send me an email so that we can add it to our attendance roster.

Introduction & Program:

- The Vice Chair introduced Angie Phelon, SPAN Center Chief Program Officer. Ms. Phelon provided an update on The Span Center, a nonprofit organization previously known as Senior Connections.

Ms. Phelon discussed the SPAN center's Long-term Care ombudsman program. This is a program that advocates for residents in Long-term care facilities and nursing homes. The program can also provide services for individuals receiving home health care.

The program can provide services which range from helping residents resolve issues related to living conditions in the facility, food service, care-giver support and patient/resident care protocols. The program

seeks to assist residents in exercising their rights and protections under federal and state law.

In addition, the program provides in-service training for staff of various long-term care facilities and works with licensure.

Additional Information can be obtained by calling the SPAN Center at 804.343.3000 and asking to speak with someone in the Ombudsman office.

Approval of Meeting Minutes:

- The Vice Chair asked for a motion to approve the Triad's, 18 June 2025, meeting minutes. A motion was made and seconded to approve the meeting minutes as drafted.

Treasurer Report:

- Ms. Alease Christian, Triad Treasure, reported that the Triad had a bank balance of \$12,801.20 as of 11 August 2025. She also took the opportunity to compliment Chairperson, Danny Green, on his fundraising efforts.

Old Business:

The following items of Old Business were discussed:

- Triad senior “Chair Exercise” classes update – potential fall & winter classes. The Vice Chair stated that she had participated in the classes and found them to be enjoyable and helpful in “feeling better” and improving fitness. She reiterated that the classes are free, but that they are on a first-come-first-served basis and fill up quickly. She mentioned that the current instructor would be moving to a different jurisdiction, but that she would be offering “train-the-trainer” sessions in October.

- Planning for 15 October 2025 “Hoedown” Triad event update – still seeking co-sponsors -- (Triad Events Committee Lead). The Vice Chair encouraged members to volunteer for the event and invite others to participate. She mentioned that the Attorney General might attend (or a member of his staff) as the renewed organizational charter would be presented at this meeting.
- Medicare GUIDE Initiative update – At Home Harmony or VCU as a service provider
- Update on “Estate Planning” initiative – using telephonic services/process (93 documents prepared to date)
- Podcasts, Video Recording & Posting Triad meeting on Meta (future initiative)

New Business:

- Approval of Procurement of Audio Equipment for exercise classes (under \$300) The Vice Chair asked for a motion to approve the organization’s purchase of audio equipment for the chair exercise classes. A motion was made and seconded to approve the purchase.
- Approval of expenditure of funds for seamstress to add Vest logo patches (\$200 or less). There was a group discussion regarding the appropriate amount to pay the seamstress. It was put forward by several members that the amount should be higher, and \$300 was put forth as the appropriate amount. The Vice Chair asked for a motion to approve the funding of \$300 for the seamstress to add Vest logo patches. A motion was made and seconded to approve the funding in the amount of \$300.
- Member vests were collected for the addition of new sponsor logo patches.

Member Sharing:

- Mr. Benjamin Bickel and Mr. Randy Davis, both from the Virginia Office of the Attorney General (OAG) updated the group on current and ongoing fraud and scam investigations and/or cases. Of particular note was a Medicare/Medicaid fraud case involving a Mechanicsville practitioner in which more than a million dollars has been recovered. Another initiative of the Attorney General involves securing GI Bill Benefits for Virginia Veterans.
- Nora Allen asked if the date of the annual conference has been established. There is no update yet on the date for the Annual Triad Conference, however Mr. Bickel stated that he would inform the group as soon as the date is known.

Adjournment:

The meeting was adjourned at 3:01 p.m. and members were dismissed for a time of fellowship and a meal.

The Triad next regular scheduled organizational meeting is 22 October 2025, 2:00pm at the New Kent Sheriff's Office, 11995 Courthouse Circle, New Kent, VA 23124

Danny Green

Danny Green
Chairperson

23 Oct 2025

Date