Chickahominy Area Triad Advisory Council Meeting Minutes

15 February 2023

Meeting Called to Order:

- The Triad's Chairperson, Ms. Doris Holloman, called the meeting to order at 2:10p.m. and welcomed all members and guests.
- Meeting attendees were Doris Holloman, Danny Green, Cynthia Green, Nora Allen, Felicia Baez, Zach Wiser, Randall Davis, Evelyn Beaumont, Brenner Carter, Clara Harris, Lillie Armstead, Florence Snead, Edward Richards, and Josephine Charity. Agencies and organizations represented included, the Virginia Department of Health (VDH), Charles City Parks and Recreation, Senior Connections, JenCare, Office of the Attorney General and Medicare Assistance & Counseling, Inc. Attendance records (sign in log) maintained by the Secretary.

• Introduction & Program:

- Mr. Edward Richards of Senior Connections was the program presenter for the meeting. He introduced himself and spoke about Senior Connections' "No Wrong Door" program.
- He related that the "No Wrong Door" was a person-centered system and statewide network of partners supporting older adults, caregivers, individuals with disabilities, veterans and their families. It uses secure technology to link providers together, collaboratively supporting individuals and families seeking long term services and supports.
- He further related that finding the right services can be daunting for individuals and their family members. And, that the old system involved multiple federal, state, and local agencies and that these agencies often use complex, fragmented, and often duplicative intake, assessment, and eligibility processes leaving older adults with a maze of agencies, organizations, and bureaucratic requirements at a time when they may be

vulnerable or in crisis. And, that these issues frequently lead to the use of the most expensive forms of care, including institutional care such as nursing homes or extended hospitalization, and can cause a person to quickly exhaust their resources.

He provided the group with several examples of how "No Wrong Door" streamlined the process by coordinating needed services both internally and externally service providers – basically "one stop service". To learn more about Senior Connections', "No Wrong Door" program you can call (804) 822-3063 or (804) 512-0601 and speak with Ms. Colleen Wilhelm, the "No Wrong Door" service director.

Approval of Meeting Minutes:

• The Triad's 21 December 2022, meeting minutes were approved as drafted. Shortly thereafter, a discussion regarding the distributing of the draft meeting minutes pursued. The Chairperson, commented that not all senior's had computer shills and/or internet access and didn't have an opportunity to review the draft meeting minutes. Mr. Green responded, stating that he understood this problem, but explained that it would cost 60 cents per senior to mail the meeting minutes, a cost the Triad could not afford. He said another underlying issue would be identifying those seniors who were likely to attend and would be responsive if they received a copy of the minutes. Mr. Green asked members share Triad related information with their neighbors and friends that didn't have an electronic means of receiving the information. He said that this was another area that the Triad could take a look into.

• Treasurer's Report:

• The Triad's accounts balance remains on changed at \$755.12.

Old Business:

• Vice-Chairperson, Mr. Green, informed the group that the Triad had received it's 501(c)(3) "Determination Notice" from the Internal Revenue Service (IRS). He further stated that he had submitted the appropriate documentation to

the Virginia Department of Taxation requesting State tax exempt status for the Triad and that this action is pending.

- He reemphasized that necessity and benefit of the Triad having nonprofit taxexempt status and how it would help the organization obtain charitable funding. He related that he had already submitted a funding request to one New Kent County business and that upon receipt of the State's nonprofit determination additional charitable funding requests would be sent for local and state entities.
- Mr. Green reiterated, that if funding were received it would be used for recruitment purposes, advertising, organizational garments, meeting refreshments, fundraising events, and office supplies. He then circulated a copy of a drafted "Triad Patch" (See Attachment 1). After its review and no questions, he offered a motion for the draft "Patch" to be approved. By voice vote the members voted unanimously for its approval. Mr. Green related that he would follow-up with the responsible creator of the patch and lock in a production cost.
- Regarding our new member recruitment, the Vice-Chair asked members for their ideas on how to make the organization beneficial and active in the community. Members were not hesitant about sharing their ideas. The following is a brief synopsis; telephone calls to those who homebound; wellness telephone calls; transportation of doctor appointments; meal deliveries; loneliness visits; exercise and meditation gathering some program efforts that benefit our Triad members and the New Kent County and Charles City County as a whole.

New Business:

 Mr. Green informed Triad members that by becoming a Virginia Nonstock Corporation, amendments to the organization's currents Bylaws were necessary. Changes "highlighted in yellow" have been incorporated draft "Bylaws (See Attachment 2). Bylaw amendment to be voted on at the 19 Apr 23 Triad meeting.

- Ms. Felicia Beaz, Virginia Department of Health (VDH), shared information with the group about continuing efforts to improve the quality of medical care for seniors population and the communities (New Kent County & Charles City County) as a whole. She identified the following VDH efforts:
 - New Kent Community Health Improvement Plan (CHIP) is underway. Three
 (3) priority areas are Mental Health/Substance Use, Access to Care, and Housing.
 - Ms. Beaz (New Kent Health Dept) and Evelyn Beaumont (Senior Connections) shared two strategies to get feedback; One is about Bay Transit: increasing awareness and education about their services as well as a Healthy Living Chronic Disease Self-Management curriculum: holding workshops at churches, friendship cafes, etc. to bring to the community.
 - Strategies have been submitted and the larger steering committee will review on March 7th from 1:00pm-2:30pm at the New Kent Sheriff's Office.

Members Sharing:

- A special thanks to Senior Connections and JenCare Senior Medical for their generosity – they provided the refreshment for the today's meeting.
- Ms. Evelyn Beaumont reminded the group about Senior Connections' two community's Friendship being operated in Charles City and New Kent counties. (See Attachment 3).

Meeting Adjournment:

- The next scheduled Triad Meeting is 19 April 2023, 2:00 p.m., at the New Kent County Sheriff's Office, 11995 Courthouse Road, New Kent, VA 23124. Ms. Laura Hunter, Senior Connections is on the agenda to speak on "Long-Term Care Ombudsman" services and duties. Light refreshments will be served. See Attachment 4 for full 2023 Triad meeting schedule.
- Meeting adjourned at 4:07 p.m.

Danny Green

Danny Green Vice-Chairperson

19 Apr 2023
Date

Atchs:

- 1. Draft Copy "Triad" organizational patch
- 2. Draft copy of Amended Bylaws Incorporating Virginia Nonstock Corporation Act
- 3. Locations and Information on Senior Connections' Friendship Cafes' Copy of 2023
- 4. Triad Meeting Schedule & Agenda